

REGISTRATION FORM

Return to Andy Carrier, Ottawa University, 1001 S. Cedar Street Box 7, Ottawa, KS 66067-3399

Make checks payable to: Yes, I Can!

\$170 deposit required with form; balance due at registration.

Total fee \$370 for resident campers and \$280 for day campers (excludes room/breakfast.)

Cancellation Fee is \$35. Deposit forfeited if cancellation occurs within 48 hours of camp start.

Camper's Name _____

Male _____ Female _____ Age _____ Height _____ Position(s) Play _____

Address _____

Town _____ State _____ Zip _____

Telephone _____ E-mail _____

School _____ Grade (as of Sept. '11) _____

Circle one: Resident Camper (stay in dorm) Day Camper (not staying in dorm)

Request School Team: YES NO

Most campers will be in 2-4 person rooms. Upon request, friends will be placed in adjacent rooms. Roommate preferences:

Preference #1: _____

Preference #2: _____

Preference #3: _____

RELEASE OF LIABILITY

I authorize the staff of 'Yes, I Can!' Basketball Camp to act according to its best judgment in any emergency requiring medical attention, and I waive and release the Camp from any and all liability for any injuries or illness incurred while at Camp. I have no knowledge of any physical impairment that would be affected by the above named camper's participation in Camp. I also give permission to the licensed physician selected by the Camp staff to hospitalize or to secure proper treatment, anesthesia or surgery for my child in an emergency.

(PARENT OR GUARDIAN SIGNATURE)

(DATE)

Please duplicate this form as needed. Additional forms at www.yesicanbasketball.net

31st Annual

Yes, I Can!

BASKETBALL CAMP

July 10-14

2011

Ottawa University
Ottawa, Kansas
Boys & Girls

www.yesicanbasketball.net

visualize...
maximize...
realize...
→

Yes, I can!

BASKETBALL CAMP

visualize... maximize... realize!

one-of-a-kind

Dear Athlete,
Basketball Cybernetics:
it's key to our camp's success.

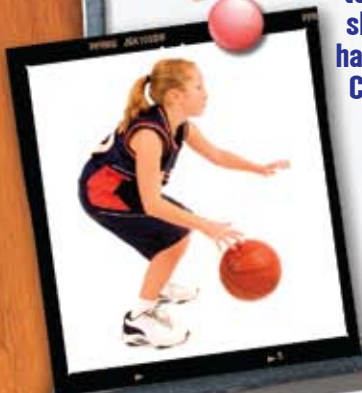
Basketball Cybernetics brings the mind & body together for peak performance. Hall of Fame coach/author Stan Kellner developed it. He & a group of accomplished Kansas coaches will help you discover your real potential.

They'll introduce you to "the power state." That's when the subconscious part of your brain automatically helps your body perform at its best. The regimen includes *Mental Visualization, Power Talk, Power Affirmation, Modeling & more.*

On Day 1, you'll receive an achievement card to monitor skill improvement. We'll test your shooting ability, quickness, free throws, ball handling & power game skills. You'll also learn Coach Kellner's 'Ultimate Shooting Method.'

Experience *Basketball Cybernetics.*
Look for improved performance.
Become the player you were meant to be.

yes, i can! Staff



camp facts

WHO'S INVITED

Any boy or girl in grades 6th - 12th
(as of September 2011)

WHEN

Sunday, July 10th - Thursday, July 14th
2011

WHERE

Ottawa University, Ottawa, KS
including Wilson Fieldhouse, campus
residence halls, meals in campus cafeteria.

REGISTRATION FEE

Resident campers \$370.
Day campers \$280 (excludes room/breakfast).
Fees include camp T-shirt & photo,
pizza parties, camp dance with disc jockey
and regulation basketball.

ARRIVAL/DEPARTURE

Register 1-3 pm Sun. at Wilson Fieldhouse.
Depart noon Thurs.
Certified athletic trainer on duty daily.

coaching line up



STAN KELLNER.

National YIC Founder
Creator "*Basketball Cybernetics,*"
Successful high school, college
basketball coach and author
"*Beyond the Absolute Limit.*"



RON SLAYMAKER.

Kansas YIC Co-Founder
Former head men's basketball
coach, Emporia State University.
Kansas Sports Hall of Fame.



ANDY CARRIER.

Kansas YIC Co-Director
Head men's basketball coach
Ottawa Univ. since 1990.
Bethany College Athletic
Hall of Fame.



WAYNE SMITH.

Kansas YIC Co-Director
Kansas boys high school coach
28 years. Kansas Wesleyan
Univ. Athletic Hall of Fame.



TOM HUGHES.

National YIC Director
Former head basketball coach
Kansas Wesleyan Univ.
A national Coach of the Year.



Basketball cybernetics will help a young man or woman to be a better basketball player. Once they learn to use their subconscious, they can carry this skill to any part of life ..."

DEAN SMITH
Hall of Fame
Basketball Coach

Reasons to Attend

1. Reach your basketball potential.
2. Learn the winner's mind set.
3. Improve your shooting technique.
4. Work with accomplished coaches.
5. Improve confidence, concentration & composure.
6. Develop an edge over competition.
7. Improve skills & have fun doing it.
8. Enjoy a positive, encouraging environment.
9. Take your game to the next level.
10. Learn concepts to success that apply to the game of life.

2ND

1ST

Daily Schedule

MORNING

- 7:30 BREAKFAST/Open gym
- 9:00 Morning Cybernetics talk
- 9:20 Achievement Card skill drills
- 10:00 Ultimate shooting method
- 11:00 Team Practice/League Play
- 11:30 LUNCH

AFTERNOON

- 1:00 Team Defense "synergy"
- 2:00 Station drills
- 4:00 Free time / open gym for individual work
- 5:15 DINNER

EVENING

- 6:00 Evening Cybernetics talk
- 6:20 League play
- 9:00 Post day analysis
Programming for success
Relaxation
Clear Technique
Becoming a Prime Time Player
- 10:00 Free pizza parties (Sun/Wed)

contact us

Coach Andy Carrier
Ottawa University
1001 S. Cedar Street/Box 7
Ottawa, KS 66067-3399
(785) 229-1065
andy.carrier@ottawa.edu
wsmith@bluevalleyk12.org

Camp Endorsements

"It amazes me how much I can improve in less than a week. These camps gave me the faith & hope to pursue my basketball goals."

Morgan Werth
Attendee from Hutchinson, KS

"I have coached & worked basketball camps for 28 years. 'Yes, I Can!' is clearly the best."

Loren Ziegler
Girls Basketball Coach
Silver Lakes High School
4 times state champions

"I know cybernetics training works. It's been more than half my game & will always be a part of my life..."

Mitch Kupchak
LA Lakers GM/ NBA star & high school player under Coach Kellner

"Camp has shown me how important the mental aspect of the game really is and with a positive mental attitude you can achieve higher goals in basketball & life."

Cole Spears
Attendee from Wilson, KS

